

RSL0504

Resolute™ Strength Pin Selected Line

# Lateral Raise



Make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The design of the Resolute Strength Lateral Raise allows exercisers to easily adjust the seat height from a seated position to ensure shoulders are properly aligned with the pivot points. The upright, open design makes the Lateral Raise easy to enter and exit.



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 **PRECOR®**

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### Biomechanically Sound

The fixed position and inward orientation of the handles on the Resolute Series Lateral Raise ensure the exerciser maintains proper positioning as they work their deltoid muscles during the movement.

### Designed to Go the Distance

The upholstered pads of the Resolute Lateral Raise underwent 1.2 million cycles of testing to ensure that this machine will be a durable workhorse for any facility. Oversized steel tubing lends a sleek, contemporary shape and contributes to a more durable product.

### Focused on the Experience

Isolating the deltoid muscles requires correct positioning to prevent shoulder impingement. The gas-assisted adjustable seat helps exercisers align their shoulder joints to the pivot points so that they're properly loaded during the movement.

### Advanced Training with Sony® Advagym

Strength training has gone digital. Add the Sony Advagym training and tracking system, along with the app, to give your exercisers a whole new way to train. Through the Advagym app, personal trainers can prescribe workouts and monitor their clients' progress.



## Specifications

**Dimensions (L x W x H):** 137 x 125 x 148 cm

**Weight Stack Tower Height:** 148 cm

**Equipment Weight:** 232 kg

**Weight Stack:** 73 kg

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Stocked Color Options

### Frame



Black Pearl



Gloss Metallic  
Silver\*

\*Additional lead  
times may apply.

### Upholstery



All Spice



Black



Grey

### Shroud



Tungsten