



C011ES Back Extension VITALITY SERIES

The Vitality Series provides operators with a comprehensive conditioning circuit while staying within the space and budget requirements for a wide range of facilities, from hotels to multi-family living to community centres. The natural feel and ease of use appeal to a wide range of exercisers.

Approachable & Intuitive — Built to satisfy all levels of exercisers in your facility, the Vitality Series creates an open and inviting environment within a facility with a consistent low-profile

tower height, translucent shrouds, and precision adjustments that make it easy and comfortable for exercisers to get the right fit.

Built to Perform Long Term — The Vitality Series meets the demands of facilities and exercisers with durable, welded frames that can hold up to the pressure.

Part of a Complete Package — It all fits within the Precor package, providing you with a consistent feel in your facility.

Learn More: go.precor.com/C011ES

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CO11ES Back Extension

VITALITY SERIES

Product Features

1. Walk-In Design

The unit is designed to get exercisers working out quickly and effectively, with an open design that requires no adjustments.

2. Elevated Foot Rest

To ensure proper knee/hip alignment and back stabilisation, the foot rest is positioned to elevate the exerciser's knees to the correct angle.

3. Resistance Design

The movement arm is designed to ensure that a smooth resistance is felt through the entire range of motion, eliminating common dead spots found in similar machines.

4. Roller Pad and Back Pad

The lumbar roller pad and pivoting back pad provide exercisers with a comfortable movement throughout the full range of motion.

5. Add-On Weight

Exercisers can easily engage the add-on weight with a simple push of a lever to increase the work load.

6. Instructional Placard

Simple step-by-step instructions for exercisers of all levels to help with setup and exercise, including tips to help maximise workouts.



SPECIFICATIONS

Dimensions (L x W x H): 97 x 132 x 155 cm

Product Weight: 210 kg

Weight Stack: 91 kg

Add-on Weight Stack: 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Standard Colour Options

Frame	Upholstery
	
Gloss Metallic Silver	Black

Upholstery — Optional

					
All Spice	American Beauty	Black	Blue Jay	Burgundy	Deep Clay
					
Grey	Hunter Green	Navy	New Purple	Regal Blue	Slate

• Colours may vary.
• Custom colours available.
Please contact a Precor Sales Representative.

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